

# Cybersecurity Considerations for Telework





**NIST**  
CYBER

# **Cybersecurity Considerations for Telework**

**Monday | March 23, 2020**  
**3:00PM – 4:15PM**



# Security for Enterprises

## ITL BULLETIN

ITL BULLETIN MARCH 2020

### Security for Enterprise Telework, Remote Access, and Bring Your Own Device (BYOD) Solutions

Karen Scarfone<sup>1</sup>, Jeffrey Greene, and Murugiah Souppaya  
Computer Security Division  
Information Technology Laboratory  
National Institute of Standards and Technology  
U.S. Department of Commerce

#### Introduction

Many people *telework* (also known as *telecommuting*), which is the ability for an organization's employees, contractors, business partners, vendors, and other users to perform work from locations other than the organization's facilities. Teleworkers use various client devices, such as desktop and laptop computers, smartphones, and tablets, to read and send email, access websites, review and edit documents, and perform many other tasks. These client devices may be controlled by the organization, by third parties (the organization's contractors, business partners, or vendors), or by the users themselves (e.g., BYOD). Most teleworkers use *remote access*, which is the ability for an organization's users to access its non-public computing resources from external locations other than the organization's facilities.

The National Institute of Standards and Technology (NIST) has guidelines on telework and remote access to help organizations mitigate security risks associated with the enterprise technologies used for teleworking, such as remote access servers, telework client devices, and remote access communications. [NIST Special Publication \(SP\) 800-46 Revision 2, Guide to Enterprise Telework, Remote Access, and Bring Your Own Device \(BYOD\) Security](#) was issued in 2016, and its recommendations are still relevant today. This Information Technology Laboratory (ITL) Bulletin summarizes key concepts and recommendations from SP 800-46 Revision 2. They include deploying some or all of the following security measures:

- Developing and enforcing a telework security policy, such as having tiered levels of remote access
- Requiring multi-factor authentication for enterprise access

<sup>1</sup> Karen Scarfone is a NIST Associate from Scarfone Cybersecurity.

# Enterprise Planning

## **Plan telework-related security policies and controls based on a zero-trust model.**

- Encrypt client devices' storage, encrypt all sensitive data stored on client devices, or don't store sensitive data on client devices
- Use strong authentication, preferably multi-factor, for enterprise access
- Use encryption technologies to protect the confidentiality and integrity of communications
- Authenticate each endpoint to the other to verify their identities

## **Develop a telework security policy that defines telework, remote access, and BYOD requirements.**

- Define in the policy which forms of remote access are permitted and how the remote access servers will be administered
- Make risk-based decisions about what levels of remote access should be permitted from which types of telework client devices



Questions? Email [karen@scarfonecybersecurity.com](mailto:karen@scarfonecybersecurity.com)

# Enterprise Implementation

**Ensure that remote access servers are secured effectively and configured to enforce telework security policies.**

- Keep remote access servers fully patched
- Only allow remote access servers to be managed from trusted hosts by authorized administrators
- Carefully choose the placement of each remote access server

**Secure organization-controlled telework client devices against common threats, and maintain their security regularly.**

- Ensure all types of telework client devices are secured, including smartphones and tablets
- Include all of the local security controls used for non-telework client devices, such as applying updates promptly, disabling unneeded services, and using anti-malware software (for desktops and laptops)
- Use additional security controls, such as encrypting sensitive data stored on the devices



Questions? Email [karen@scarfonecybersecurity.com](mailto:karen@scarfonecybersecurity.com)

# Additional Resources

- NIST SP 800-46 Revision 2, Guide to Enterprise Telework, Remote Access, and Bring Your Own Device (BYOD) Security
- NIST SP 800-77 Revision 1 (Draft), Guide to IPsec VPNs
- NIST SP 800-52 Revision 2, Guidelines for the Selection, Configuration, and Use of Transport Layer Security (TLS) Implementations
- NIST SP 800-111, Guide to Storage Encryption Technologies for End User Devices
- NIST SP 800-124 Revision 1, Guidelines for Managing the Security of Mobile Devices in the Enterprise
- NIST SP 800-40 Revision 3, Guide to Enterprise Patch Management Technologies
- NIST SP 1800-4, Mobile Device Security: Cloud and Hybrid Builds
- NIST SP 1800-21 (Draft), Mobile Device Security: Corporate-Owned Personally-Enabled (COPE)



Questions? Email [karen@scarfonecybersecurity.com](mailto:karen@scarfonecybersecurity.com)



# Security & Privacy



# Virtual Meeting Security

- First Rule: use common sense
- *Second Rule: use common sense*
- Follow your organization's rules
- The toothpaste won't go back in the tube
- Not all calls are created equal
- Low
  - Beware of lurkers
- Medium
  - Simple things go a long way
- High
  - Your mission if you choose to accept it



Questions? Email [jeff.greene@nist.gov](mailto:jeff.greene@nist.gov)



# Telework Security Basics

- First Rule: use common sense
- *Second Rule: use common sense*
- Follow your organization's rules
- Build a wall
- Dig a tunnel
- Post a guard
- Plug the holes
- Be suspicious



Questions? Email [jeffrey.greene@nist.gov](mailto:jeffrey.greene@nist.gov)

# Additional Resources



## Blogs

- <https://www.nist.gov/blogs/cybersecurity-insights/preventing-eavesdropping-and-protecting-privacy-virtual-meetings>
- <https://www.nist.gov/blogs/cybersecurity-insights/telework-security-basics>

Questions? Email [jeffrey.greene@nist.gov](mailto:jeffrey.greene@nist.gov)

**Jeff Greene**

*Director, NCCoE*

[Jeffrey.Greene@nist.gov](mailto:Jeffrey.Greene@nist.gov)

**Karen Scarfone**

*Sr. Computer Scientist, NIST*

[karen@scarfonecybersecurity.com](mailto:karen@scarfonecybersecurity.com)

**Matt Scholl**

*Cybersecurity Division Chief, ITL*

[Matthew.Scholl@nist.gov](mailto:Matthew.Scholl@nist.gov)



# Secure Remote Access using Citrix Workspace

Sridhar Mullapudi

SVP, Products, Workspace Product Group  
[@sridharcitrix](#)

MAR 23, 2020



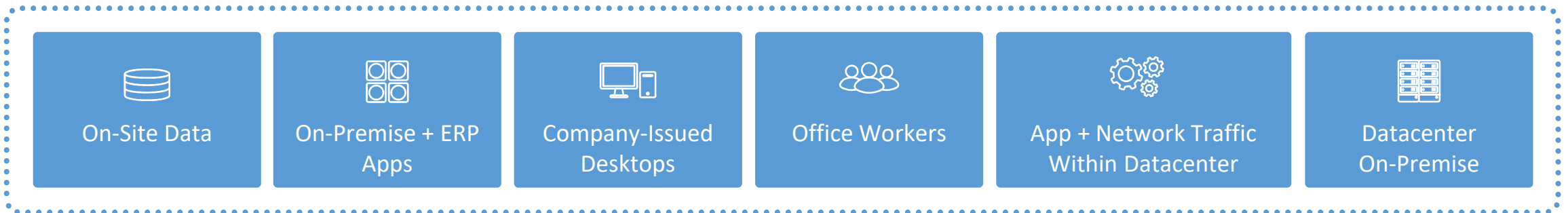
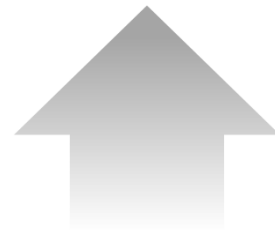


The way we work  
has changed

# MOST COMPANIES ARE MID-TRANSFORMATION



Cloud / Mobile Era



# Remote Work can complicate life for workers; Increased security risk to manage

Traditional  
VPNs are not  
the answer

3+  
Devices/Day

BYO and  
unmanaged  
devices are  
considered  
risk



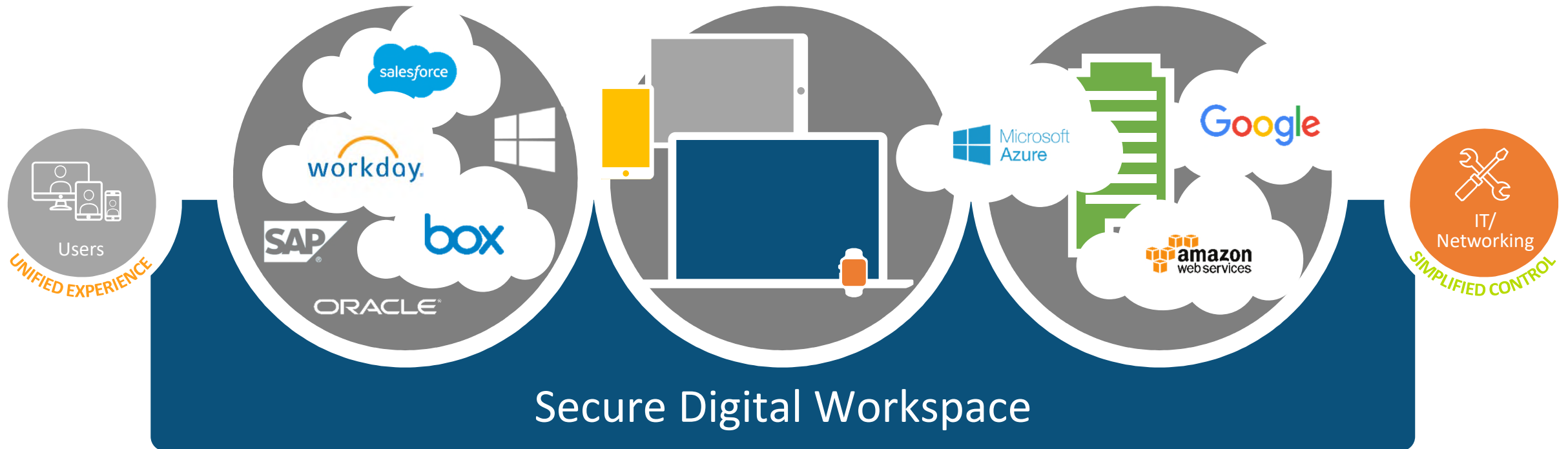
Multiple  
access  
solutions

3+  
Locations/Day

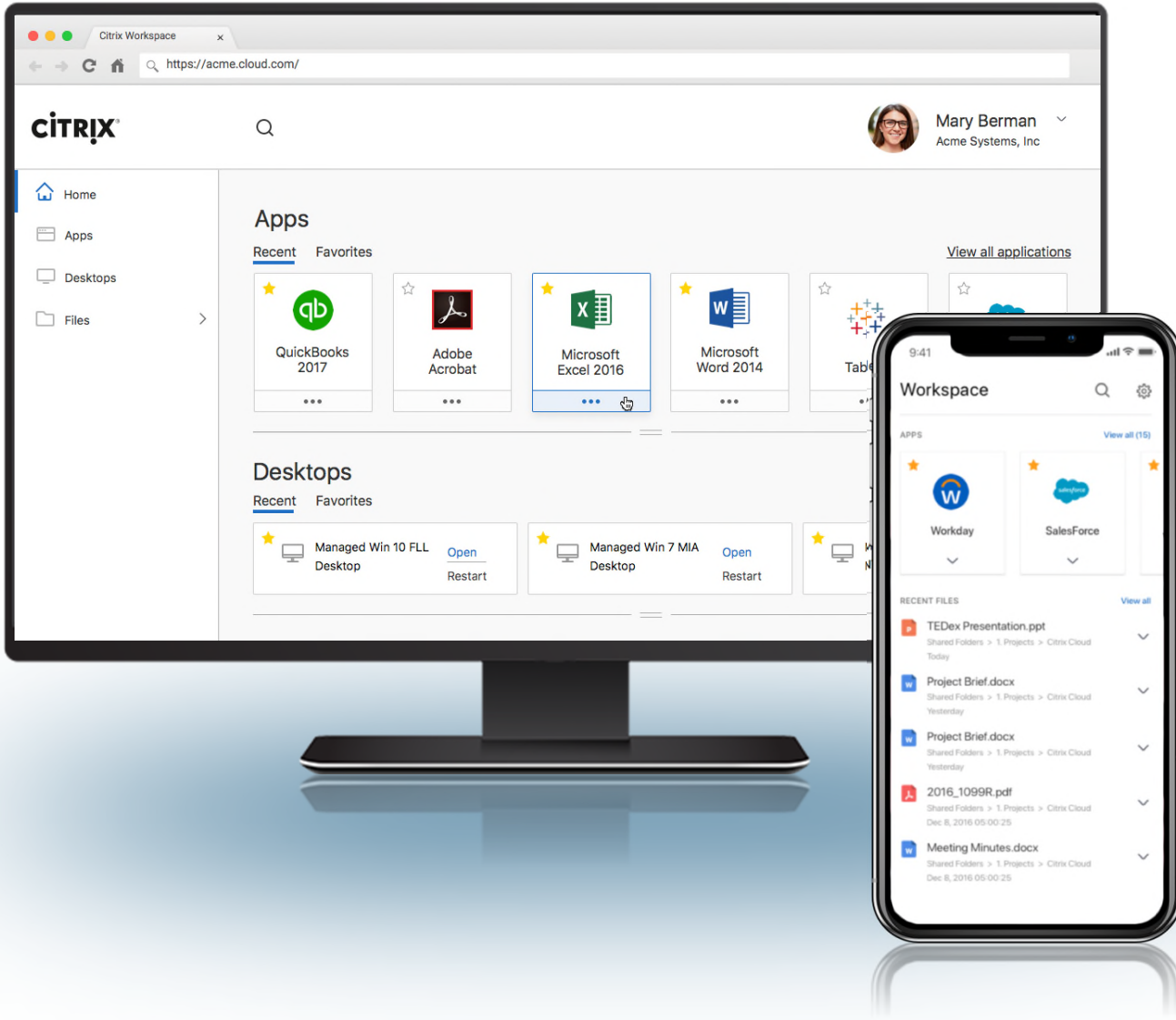
6+ Passwords  
25 Accounts

# Citrix Workspace: unified experience, simplified security

Secure, simplified access and control of apps and data across any device, platform, or cloud







# CITRIX WORKSPACE

One consumer-like experience across every device

Single sign-on to all your apps & data

VPN less approach reduces security risk

Easy to scale and on-board new users

Contextual security & performance

- Home
- Apps >
- Desktops >
- Files >

## Apps

Recents Favorites

[View all applications](#)

<b>FaceWorks On-Prem</b> ...	<b>Google Drive</b> ...	<b>SAP 3D Viewer On-Prem</b> ...	<b>Skype Cloud</b> ...	<b>Excel 2016 Cloud</b> ...	<b>Gmail</b> ...	<b>Office 365</b> ...	<b>Salesforce</b> ...
---------------------------------	----------------------------	-------------------------------------	---------------------------	--------------------------------	---------------------	--------------------------	--------------------------

## Desktops

Recents Favorites

[View all desktops](#)

<b>On-Prem Desktop</b> ...	<b>Cloud Desktop</b> ...
----------------------------	--------------------------

## Files

Recents Favorites

<b>Welcome to your Workspace!.pptx</b> Personal Folders	...
<b>Workspace SaaS SSO to Workday.docx</b> Shared Folders > Workspace SaaS SSO	...
<b>Simulated Customer Demo Conversation_4 take_v5.mp4</b> Shared Folders > Getting Started	...
<b>HD coral reef adventure 1080 wmv.mp4</b>	...

# With built in Security & Performance Analytics

Security Performance Operations Settings Help Search Alerts 260

Users User Access App Access Share Links Last 1 Hour ▾

☰ Citrix Cloud | Analytics Venkatesh Velling...  
Citrix Customer One Pro...  
OrgID: int618dc4cd

Security Performance Operations Settings Help Search Alerts

Users Infrastructure (Preview)

**User's Risk Profiles** 32 Risky Users

High Risk Users

5

↗ 3

M...

9

↗

**Risky Users**

Highest Score

Highest Score Change

SCORE	CHANGE	TREND
99	+26	▬
98	+8	▬
98	+39	▬
96	+13	▬
93	0	▬

**User Experience (UX)** ⓘ 2H 12H 1D 1W 1M

In last 1 week:

395

Total users

295

↗ 95  
Users with Excellent UX

3

↘ 1  
Users with Fair UX

97

↗ 35  
Users with Poor UX

**User classification based on Experience** ⓘ

Last Update: Jan 9th, 2020, 02:30 PM IST (UTC+05:30) ⌂  
Data interval: 6 hours

● Users with Excellent UX (Score: 71-100)
 ● Users with Fair UX (Score: 41-70)
 ● Users with Poor UX (Score: 1-40)

# Our Zero Trust Approach to Security Provides...



**Contextual &  
Secure Access**



**BYO and Any  
Device Security**



**Reduced Exposure  
to Internal &  
External Threats**



**Secure Content  
Collaboration**



**Governance Risk  
and Compliance**



**Continuous monitoring and Continuous Assurance**

# Standards Based Compliance & Certifications



GDPR



**CITRIX®**



# Everything Ch-Ch-Ch-Changes.....

Telework... it's a thing

Sean Frazier Advisory CISO - Federal  
sean@duo.com | @seanfsez









# Hi-Tech Communications









Your users ran into a problem using this process, so now they're just going to ignore it.

You can probably figure out how this will go: `HINT_NOT_VERY_WELL`





# Telework Enablers







zoom

Cisco  
webex



Office 365



Webex Teams



CONCUR.





**identity**







ZT



# Welcome To Cisco Tools



Employee Connection

Cisco  
**webex**



People  
Directory



eStore



Employee  
Services



Benefits



Employee  
Equity Center




PTO & Payroll



Employee  
Help Zone



At Your Service

**SAP Concur**   
Travel & Expenses

Cisco 



# Welcome To Cisco Tools



Employee Connection

Cisco  
**webex**



People  
Directory



eStore



Employee  
Services



Benefits



Employee  
Equity Center




PTO & Payroll



Employee  
Help Zone



At Your Service

**SAP Concur**   
Travel & Expenses

Cisco 



[What is this?](#) 

[Add a new device](#)

[My Settings & Devices](#)

[Need help?](#)

Powered by Duo Security

Device:

ios

Choose an authentication method



Duo Push **RECOMMENDED**

Send Me a Push



Bypass Code

Enter a Bypass Code

Remember me for 12 hours


Your computer software is out of date. You will be blocked in 6 days if you don't update.

Let's update it

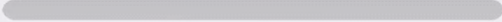


3:58

Menu Security Checkup



Your device's security score is perfect!




- OS iOS is up to date
- Duo Mobile app is up to date
- Face ID is enabled
- Screen Lock is enabled
- This device is not jailbroken

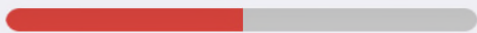
Security Checkup will never access personal information on your device.

iPod 2:46 PM





Menu Security Checkup



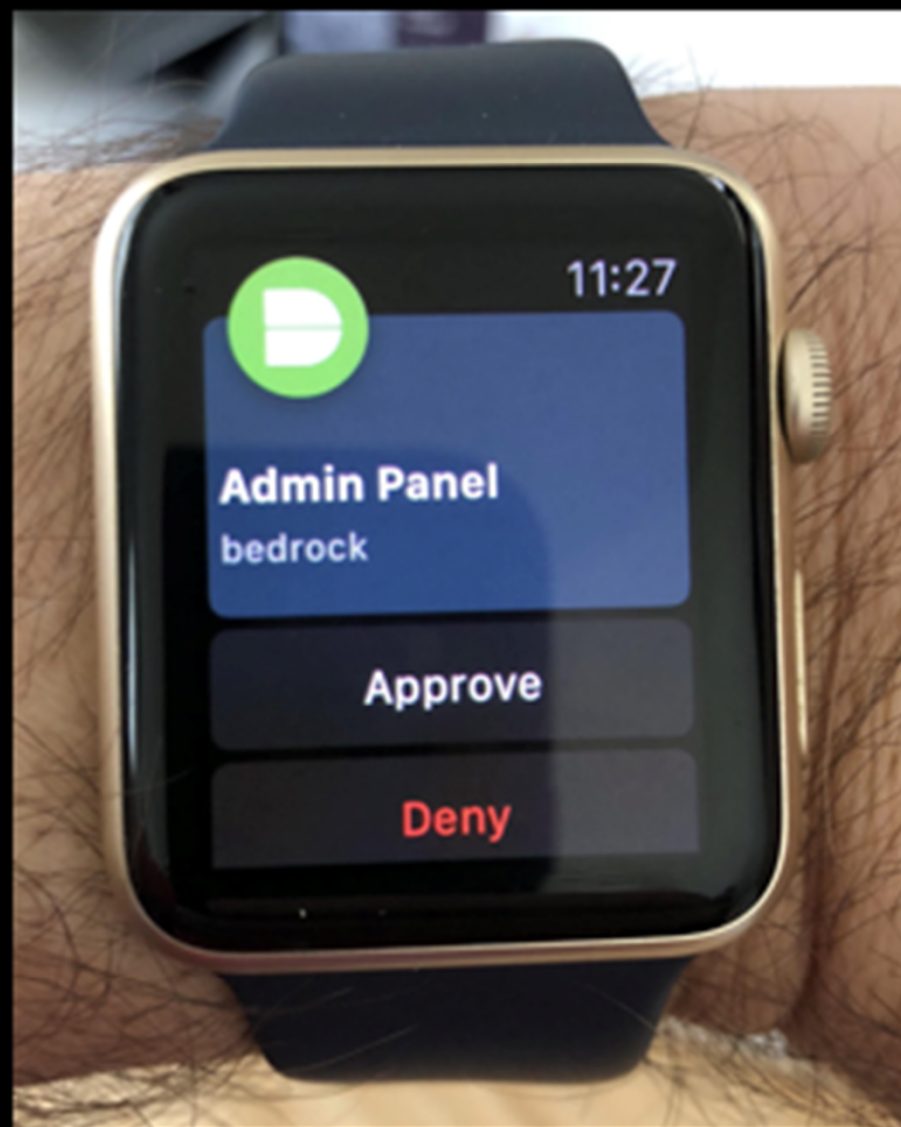
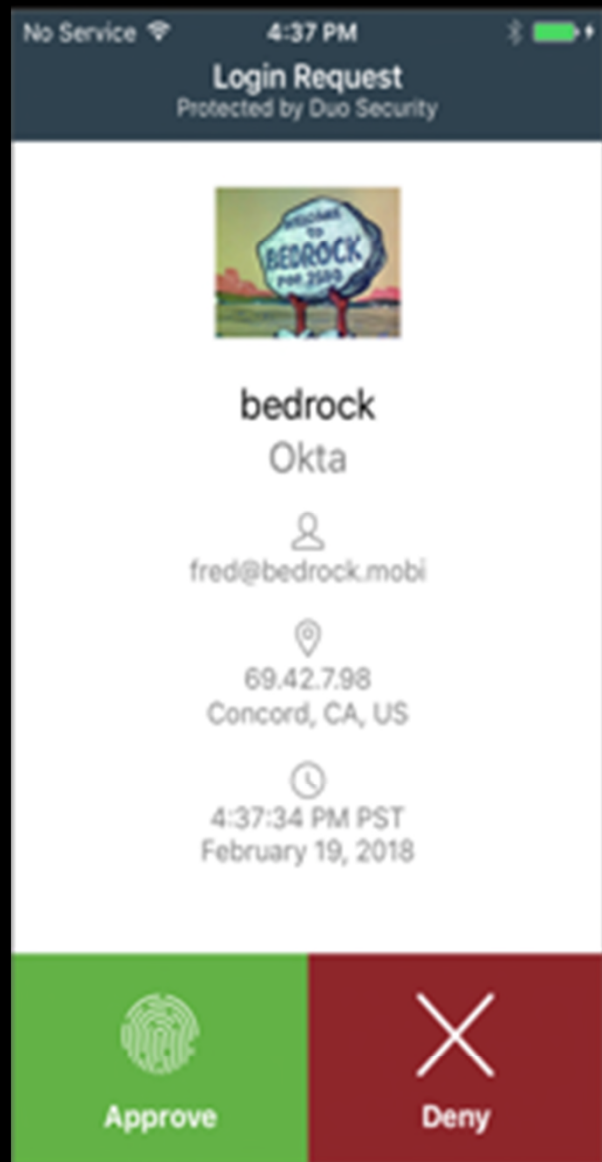
Your device's security score can be improved.



50%

- OS  iOS issue detected
-  This device is jailbroken
-  Duo Mobile app is up to date
-  Screen Lock is enabled

Security Checkup will never access personal information on your device.





# Cybersecurity Considerations for Telework

